



2025 ANNUAL REPORT

WEATHERING THE STORM TOGETHER



WHO WE ARE

We believe everyone belongs. We support people with high levels of disability (known as Centres) and/or their families develop Personal Volunteer Support Networks to enhance their quality of life and build connection. Each Network is as unique as its Centre and is consistent in the belief that people with disabilities should have the same rights and opportunities as everyone else. It's not about rescuing, fixing or doing for someone with a disability, but rather it's about working collaboratively with the Centre to achieve goals important to them.

HOW WE DO IT

REALM provides easy-to-follow tools and processes to help each Centre create and maintain their Personal Volunteer Support Network. Our self-guided program was designed with input from staff, mentors and people with lived experience. It is available on our website and is free for everyone.

For more information on how to create a Personal Volunteer Support Network, please visit:

www.realmfoundation.ca

or email:

info@realmfoundation.ca

www.realmfoundation.ca

Phone:(306) 546-4600

Email: info@realmfoundation.ca

www.linkedin.com/company/realmfoundation

www.facebook.com/realmfoundation

www.instagram.com/realmfoundation





Message from the Board Chair

Weathering the Storm Together

Looking back on 2025, I am filled with a renewed sense of purpose for REALM. The challenges that presented themselves throughout the year were not easy. However, they paved the way for growth, adaption and resiliency.

During the difficult times – storms – it felt a bit overwhelming to face the wind and the rain. Yet, one of the most powerful truths that could be learned from these changes is that storms are easier to endure when faced together rather than alone.

When individuals come together with a shared purpose, challenges become opportunities for growth. Each person brings unique skills, perspectives and encouragement. One person’s optimism may lift another’s spirit. Someone’s experience may guide others through uncertainty. When we listen, collaborate, and trust one another, we create a network of support that helps everyone move forward.

Weathering the storm together also builds stronger relationships. Difficult times encourage honesty, patience and understanding. These connections become the foundation for future success, long after the storm has passed.

Weathering the storm together also helps teach resiliency. When a group faces adversity and emerges stronger, it gains confidence in its ability to handle whatever challenges lie ahead. The shared experience becomes a reminder that even when circumstances are difficult, progress is possible when people remain committed to working together.

Just as storms eventually give way to clearer skies, difficult periods in life and in organizations also pass. What remains afterward is often stronger than before.

I am amazed by REALM’s ability to weather the storm!!

Together, we endure. Together, we learn. Together, we move forward toward brighter days.

Sincerely,

REALM in the Community



Kinsmen presenting donation



At APAS with
First Steps Wellness Center



Financial Updates

Balance Sheet Comparison January - December 2025		
	JAN-DEC 2025	JAN-DEC 2024
Assets		
Current Assets		
Cash and Cash Equivalent		
CIBC cash	\$39,794.67	\$8,165.53
GIC	\$64,838.36	\$94,448.33
Total Cash and Cash Equivalent	\$104,633.03	\$102,613.86
Accounts Receivable	\$0.00	\$0.00
Total Accounts Receivable	\$0.00	\$0.00
Total Current Assets	\$104,633.03	\$102,613.86
Non-current Assets		
Contract deposits paid	\$0.00	\$1,000.00
Total Non-current Assets	\$0.00	
Total Assets	\$104,633.03	\$103,613.86
Liabilities and Equity		
Liabilities		
Current Liabilities		
Accounts Payable	0.00	0.00
Total Accounts Payable	0.00	0.00
Payroll Liabilities		
Direct Deposit	0.00	0.00
Federal Taxes	0.00	1,654.44
Total Payroll Liabilities	0.00	1,654.44
Total Current Liabilities	0.00	1,654.44
Total Liabilities	0.00	1,654.44
Equity		
Retained Earnings	101,959.26	109,190.27
Profit for the Year	2,674.00	-7,231.00
Total Equity	104,633.26	101,959.27
Total Liabilities and Equity	104,633.26	103,613.70

Profit and Loss Statement (Income) Comparison January - December 2025			
	JAN-DEC 2025	JAN-DEC 2024	
REVENUE			
Donations	\$20,691	\$18,117	
Fundraising Income	\$73,296	\$61,062	
Grants	\$1,837	\$17,532	
Other Income	\$4,000	\$5,809	
Total Income	\$99,825	\$102,520	
EXPENSES			
Administration/Operations	\$9,251	\$20,191	
Communications/Marketing	\$8,873	\$16,528	
Fundraising/Networks	\$33,187	\$50,392	
Development/Programs	\$1,888	\$22,646	
Wages	\$43,952	\$109,757	<small>allocated to categories above</small>
Total Expenses	\$97,151	\$109,757	
PROFIT	\$2,674	-\$7,237	

In 2025, we saw a 2.6% decrease in revenue. This reflects only receiving the tail-end of the 2024 new network grant. We also had a 11% decrease in expenses. This reflects not replacing the role of Executive Director.

Fundraising is a critical source of support for REALM, accounting for 55-60% of total revenue.

Upcoming Events in 2026



Place: TBD
Date: TBD
Time: TBD



Place: Ukrainian Co-op
Date: Saturday, June 13
Time: 11:00-3:00



Place: Conexus Arts Centre
Date: Friday, Sept. 25
Time: 6:00-9:30





Gratitude to the REALM 2025 Donors and Sponsors

As we reflect on the year that was, we want to express our deepest gratitude to all those that make our mission possible. To our supporters, sponsors, volunteers, staff, community members, and most importantly, our Centres and Networks, your unwavering commitment, trust and dedication have been instrumental in helping us achieve our goals.

Thank you for your contributions – whether through your time, resources, advice and/or expertise. Together, we are creating a stronger, more resilient community, and we couldn't do it without each of you.

REALM 2025 Monthly Donors

Grant Gilchrist
Katelyn New
Patricia Gorius

REALM 2025 Gala Table Sponsors

Chip and Dale Homes
Clare Parker Homes
David and Leanna Prost
Ellis Pools
First Steps Wellness Centre
Margaret Biffin
Miller Thomson
Realty Executives Diversified
Regina Catholic School Division
Regina Residential Resource Centre
URO Medical Supplies
Verna Mang
Young's Equipment

REALM 2025 Gala Level Sponsors

Affinity Credit Union
Casino Regina
Creative Options Regina (COR)
Dudley and Company
Ripplinger Financial
Saskatchewan Community Foundation
Speers
The Medicine Shoppe (Grant Rd.)



Verna Mang



The Tornado Hunter



Megan J. Hazel
Jewellery



Queen City
Cakes





REALM FOUNDER



Donalda Jones

2025 REALM BOARD AND STAFF



Janet DeGrow
Chair



Verna Mang
Past Chair



Arpit Parmar
Vice Chair



Chris Bailey
Secretary



Katie Ripplinger
Fundraising



Sharon Bohay
Director



Lois Alport
Director



Barb Butler
Director



Namra Patel
Director



Justin Raynor
Admin. Support

REALM CREED

We believe individuals with a high level of disability have the right to direct and self-determine their own lives.

We believe that all people are valued and belong; everyone should have the opportunity to share their unique gifts and abilities.

We believe lives are enriched by the power of connection.

We will work respectfully and gently to create safe networks so that trusting relationships can be built.

We will support people in developing healthy relationships through networks to enrich their lives and the lives of all the network members,

